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20
26

A portrait of a woman with dark, wavy hair, smiling warmly. She is wearing a light blue denim jacket over a dark teal top. The background is a solid dark grey.

**Katie
Rickson**

About Katie

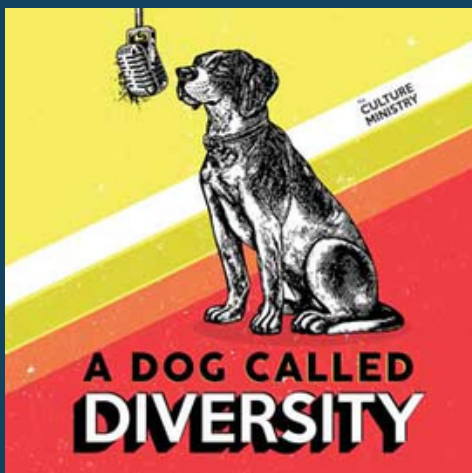


Copywriter, editor, poet,
mental health advocate,
founder of Business in the Bath,
and a Substack of the same name.

Published in The Pantograph Punch and a poetry
anthology. Guest lecturer at Victoria University of
Wellington, Te Herenga Waka. Holds a BA in
Drama and Writing Studies from the University of
Auckland and First Class Hons in Theatre Studies.

Author of the pocketbook, "30 Things I'd Like You
to Know About Bipolar". Writing a book
on building a life and business you love
while navigating bipolar.

Featured Here



Signature topics

Bipolar and how it relates to:

neurodiversity

work

money

self-employment

entrepreneurship

body image

motherhood

creativity

writing



Book me

For your next radio interview,
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live Q and A, or magazine interview.

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Billing Photography

